



## HAM AND SPINACH EGG CUPS

From: Teri Mattson

Makes: 12

Cook Time: 20 min

Preheat oven to 350 degrees. Grease a 12-cup muffin tin.

### Ingredients:

12 medium eggs

½ cup shredded mozzarella cheese

2 cups baby spinach

½ cup diced ham steak

1 small tomato, chopped

### Directions:

Whisk together eggs and cheese in a large bowl and season with ½ teaspoon salt and ¼ teaspoon pepper. Stir in spinach, ham, and tomato. Using a 1/3 cup measure, divide mixture evenly among prepared muffin cups.

### Bake:

Bake until egg cups are puffed and centers are just set, about 20 min.